

CLIMBING THE LADDER TO YOUR GOALS

WHY SHOULD YOU SET GOALS?

ACCOUNTABILITY

- Did I really accomplish the things I told myself I would?
- Are my peers satisfied with the leader I am?

STRUCTURE

- Where should I be at this point in my life?
- Am I straying away from the person I want to he?

FORWARD-THINKING

- Have I pushed myself outside of my comfort zone?
- Am I really working to make a difference for myself and others?

THE LADDER APPROACH

THE SKY IS THE LIMIT

• What do you want to be remembered for?

STEPS TO SUCCESS

• How are you going to get there?

ONLY UP FROM HERE

• What motivates you to move forward?

THE SKY IS THE LIMIT

TIME IS TICKING

- Identify a timeline to meet your goal.
- You may have different goals for different phases of your life.

PATH OF PROMISE

- What steps do you think this is going to take?
- Is your goal really achievable?

STEPS TO SUCCESS

TRUST THE JOURNEY

- Create a plan of action.
- Whether it takes five or ten steps, each one is valuable to the end result.

PERSEVERANCE IS PROMISE

- Giving up is the first step of failure.
- If one step seems overarching, tackle it with the confidence of what lies ahead.

ONLY UP FROM HERE

GETTING GOING

- Remember the promise ahead and the difference it will make.
- Your steps will get you there.

MOTIVATION MANTRA

- Why did you want to do this in the first place?
- Who will receive the benefit of your hard work?

TIPS AND TRICKS

KEEP YOUR GOALS SMART

- S | Specific
- M | Measurable
- A | Attainable
- R | Relevant
- T | Timely

KEEP YOURSELF ACCOUNTABLE

- If you didn't accomplish your goal, ask yourself why.
- Set new goals with realistic steps.
- Have an accountability partner.
- Never give up.





GOAL:		
STEP FIVE:]
STEP FOUR:]
STEP THREE:]
STEP TWO:		
STEP ONE:		